



Debbie Amaral

Member, Board of Directors
Member, Strategic Planning Committee
Member, Health and Research Council

In 2011, Debbie was privileged to become the 18th and first woman Chief Executive Officer of the Mystic Valley YMCA. In her first 3 months, she led the merger between IRDC preschool and the YMCA. In 2018, the YMCA merged with the Medford Boys & Girls Club, now the Medford Youth Center. In February 2020, she led the YMCA's partnership with The Greater Boston Food Bank and Walnut Street Center to open a food pantry in Medford called Mystic Community Market.

Debbie earned her Bachelor's Degree from Drew University and Masters from Boston University. Debbie served on the Salem School Committee from 2012-2018 and is an active member of the Salem Parks and Recreation Commission, including a term serving as its Chair. She has been a foster parent to seven children.

