You can’t do much on an empty stomach.

But you can help end hunger here.

1. Print out the plate in this kit.
2. Write what you can’t do on an empty stomach.
3. Then post and share to your social networks with #HungerActionMonth #EndHungerHere @gr8bosfoodbank

Hunger Action Day 2018 is September 13. Join us and wear orange!
ON AN EMPTY STOMACH, I CAN’T

HUNGER ACTION MONTH™ FEEDING AMERICA

The Greater Boston FOOD BANK®
Feeding Eastern Massachusetts