



Director



Debbie Amaral President & CEO, MYSTIC VALLEY YMCA

In 2011, Debbie was privileged to become the 18th and first woman CEO of the Mystic Valley YMCA. In her first 3 months, she led the merger between IRDC preschool and the Y. In 2018, the Y merged with the Medford Boys & Girls Club, now the Medford Youth Center. In February 2020, she led the Y's partnership with The Greater Boston Food Bank and Walnut Street Center to open a food pantry in Medford called Mystic Community Market.

Debbie received her BA from Drew University and MBA from Boston University. Debbie served on the Salem School Committee from 2012-2018 and is currently the Chair of the Salem Parks & Recreation Commission. She has been a foster parent to 7 children, including her youngest who is now 15.

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