

**You can't do much on
an empty stomach.**

**But you can help
end hunger here.**



September is HUNGER ACTION MONTH™ | FEEDING AMERICA

- 1.** Print out the plate in this kit.
- 2.** Write what you can't do on an empty stomach.
- 3.** Then post and share to your social networks with [#HungerActionMonth](#) and/or [#EndHungerHere](#) [@gr8bosfoodbank](#)

Hunger Action Day 2017 is September 14.
Join us and wear orange!



**ON AN EMPTY
STOMACH, I CAN'T**

HUNGER ACTION MONTH™ | **FEEDING
AMERICA**

**The Greater Boston
FOOD
BANK**  [®]
Feeding Eastern Massachusetts