

SPRING

10th harvest

A Quarterly Publication of The Greater Boston Food Bank

The Greater Boston Food Bank distributes more than 31 million pounds of food and grocery products annually to nearly 600 member hunger-relief agencies throughout eastern Massachusetts in a dedicated partnership to end hunger in our region. The Food Bank serves more than 394,000 people each year.

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The Greater Boston
FOOD
BANK 
www.gbfb.org

A Year of Achievements in the Yawkey Distribution Center

The Food Bank's New Home Makes a Difference

What a difference a year makes in the fight to end hunger in eastern Massachusetts. Last spring, we moved into our new home, the Yawkey Distribution Center, a state-of-the-art, 117,000-square-foot facility that enables us to provide more food to those in need. In fact, The Greater Boston Food Bank was able to distribute a record-breaking amount of food and grocery products — 31.5 million pounds — in its last fiscal year. The new building helps us to feed more than 394,000 people, and it opened in the nick of time, at the height of the worst recession since the Great Depression.

In our first full year of operation, more than 4 million pounds of nutritious fruits, vegetables and other perishable items were distributed through our on-site dedicated shopping area, the Roche Family Marketplace. Vans and trucks from shelters and pantries all across the region pull in and out of our docks. Other trucks from food purveyors and distributors deliver food to The Food Bank. Warehouse workers efficiently unload pallets of potatoes, cereal, juice, and soup, and prep orders for agency pickup. Natural light pours into offices dedicated to food acquisition, member services, direct service programs, nutrition, volunteers — all focused on the mission of ending hunger in eastern Massachusetts.



Top: The Greater Boston Food Bank awaits the start of another busy day.

Right: Tom O'Sullivan of Sacred Heart Outreach Pantry in Middleboro prepares to load boxes for delivery to the pantry.



On a recent spring day, Ann Marie Riley of the Bourne Friends Food Pantry pulled up in a 12-foot truck and started loading boxes of bread, cheese, and eggs, foods that enable the Cape Cod shelter to feed nearly 300 families a month. This is a 20 percent increase since last year. As she worked, she remembered the old Food Bank, with its limited dock space, jammed parking lot, and crowded warehouse floor: "Our food pick-up takes half the time it used to, and it is a much more efficient and pleasant experience," said Riley. "We're also able to get fresh produce and perishables from the Marketplace — items that were only available in limited quantities before, like fresh meat or carrots."

The Greater Boston Food Bank continues to make great strides in fighting hunger and feeding hope. An insider's look at a typical day at The Food Bank shows that we cannot do it alone.

(continued on page 4)

PRESIDENT'S MESSAGE



Dear Friends,

It is hard to believe we moved into the new Yawkey Distribution Center of The Greater Boston Food Bank more than a year ago, in April 2009.

This move was the culmination of six years of planning and construction, and it went off without a hitch.

Our very first year in our new home has been nothing short of a major success. It has been instrumental in helping us keep up with the growing need for emergency food assistance across eastern Massachusetts and, as a result, The Food Bank served more than 394,000 people in the past year. That's no small feat to celebrate.

Let's start with one of the building's new features: the Roche Family Marketplace, a dedicated space where our nearly 600 member hunger-relief agencies can pick up additional perishable and frozen foods when they get their Food Bank orders. The Marketplace opened the very week we moved and has provided more than 4 million pounds of food to our agencies in its first year of operation.

The additional warehouse space and expanded freezer and cooler capacity of the new building enabled us to distribute an unprecedented 31.5 million pounds of food and grocery products last year, including a record 39,121 Thanksgiving turkeys.

We have also improved our volunteer experience. The State Street Foundation Volunteer Room became operational over

the summer, and the streamlined food sorting process and ergonomically-designed equipment has generated good reviews.

Throughout the year we found the response from the community to be very positive. For example, we welcomed more than 500 guests to The Food Bank less than three weeks after the move for the very first Banquet in the Yawkey Distribution Center. We successfully showcased the new building to supporters such as Boston Mayor Thomas Menino while also honoring our Fighting Hunger, Feeding Hope capital campaign co-chair, Ted Cutler, and his wife Joan. We also welcomed more than 100 guests to our ribbon-cutting ceremony in September and hundreds of guests to our Community Open House in October.

The Food Bank served more than 394,000 people in the past year. That's no small feat to celebrate.

Many notable guests toured the building during the past year, including Governor Deval Patrick, Attorney General Martha Coakley, Department of Agricultural Resources Commissioner Scott Soares, Department of Transitional Assistance (DTA) Commissioner Julia Kehoe, DTA Deputy Commissioner Birgitta Damon, and Secretary of Administration and Finance Jay Gonzalez. From the legislature, visitors included Senate President Therese Murray, House Speaker Robert DeLeo, Senator Sonia Chang-Diaz, Rep. Willie Mae Allen, Rep. Linda Dorcena Forry, Rep. Gloria Fox, and Rep. Peter Koutoujian.

Federal government dignitaries included USDA Deputy Under Secretary for Food, Nutrition and Consumer Services Dr. Janey Thornton, USDA Interim Administrator Yvette Jackson,

and USDA Director of Special Nutrition Programs John Magnarelli.

Celebrity visitors included singer Nick Lachey, Food Network personality and book author Chef Jeff Henderson, New England Patriots player Matt Light, and sports writer and commentator Peter King.

We also received some very positive feedback about the building from the architectural and construction communities. The Boston Globe's architecture critic Robert Campbell called the building "an architectural gem." The Associated General Contractors of Massachusetts gave us a Build New England Award, which we shared with Consigli Construction and our architect, Chan Krieger Sieniewicz, in October. Finally,

Modern Materials Handling Magazine featured our building and materials handling procedures in its July issue and then gave us an Innovation Award in February.

So it's been a very good first year in our new home, and I thank you for staying with us along the way and making it all happen. Please consider increasing your financial or food donations, or your level of volunteering. Now, more than ever, we need you to play a strong role in ending hunger.

Thank you,

Catherine D'Amato
President/CEO

Calendar

Get Involved!

Here's what's happening at The Greater Boston Food Bank. For details, visit www.gbfb.org/events.

June 10

Kitchen Cabinet Cocktail Party

Join a group of Boston-area professionals dedicated to making a difference in the fight against hunger. Meet for cocktails, food, a raffle, and great company at the new Ames Hotel Boston.

June 25

Chefs in Shorts

Head over to the Seaport Hotel for a night of food and fun. This annual event brings together some of Boston's most talented chefs, who will fire up their grills and create their favorite dishes during this outdoor, summer-in-the-city barbeque.

July 30 and 31

Red Sox Wives Can & Cash Drive

Every summer for the last 19 years, the Red Sox Wives have held their annual Can & Cash Drive, collecting food and cash donations to benefit The Food Bank. Bring 10 cans or a \$10 donation to Fenway Park before the game to receive an autographed photo of a Red Sox player and a chance to meet the players' wives.

PROGRAM SPOTLIGHT

Kids Cafes Provide Meals When School's Out



School's out! No more pencils, no more paper — and no more school meal programs. When schools close their doors and children begin their summer


vacation, tens of thousands of students who qualify for free or reduced-price breakfast and lunch no longer receive these essential meals. For two long months, many low-income children face food insecurity — not knowing where their next meal will come from.

"Many people know that hunger increases in the winter months, but there is also a sharp increase during the summer," says Catherine D'Amato, president and CEO of The Greater Boston Food Bank.

Research indicates that even mild under-nutrition during critical periods of growth can impact a child's behavior and cognitive development, making adequate nutrition crucial year round. And that's where The Food Bank's Kids Cafe program steps in, providing approximately 1,700 meals a day to at-risk children in Boys & Girls Clubs throughout eastern Massachusetts. Clubs such as the West End House in Allston, the Blue Hill Club in Dorchester, and Keane Children's Center/Ansis Youth Center in Charlestown serve dinners during the school year, but switch to breakfast or lunch to replace the school meals that the children no longer receive during the summer. These are the only nutritious meals that many of these children will eat during the long summer days.



Children receive nutritious food from Kids Cafe meals during the summer months.

A typical summer Kids Cafe breakfast might include cereal and eggs, while lunch might range from pasta and salad to seafood and rice. The expanded capacity of the Yawkey Distribution Center has helped the Kids Cafe program increase its offerings and operate with greater cost-effectiveness, with bulk purchasing of staples now possible. Seven of the Kids Cafe sites are the Patriots Kids Cafes, in partnership with The Greater Boston Food Bank and Feeding America. Stop & Shop sponsors two additional Kids Cafes. 

BackPack Program Expands to Serve Lynn Students



When backpacks filled with nutritious food are handed out at the Connery Elementary School in Lynn, Mass., principal Patricia


Riley says, "the kids' eyes light up." The K-5 elementary school is the newest location for the successful regional launch of The Greater Boston Food Bank's BackPack Program, which tackles childhood hunger by providing students with bags filled with kid-friendly food to eat during the weekends, when school meals are not available.

Thirty-four percent of the 580 students in the Connery Elementary School participate in the BackPack Program in Lynn, a gritty industrial North Shore city where the recession hit hard, triggering a record number of foreclosures and hurting manufacturing workers. With 93 percent of the students eligible for free and reduced-price lunch, and all students eligible to get a free breakfast through a universal breakfast program, the BackPack Program fills a need during the weekends, when many



Students at the Connery Elementary School in Lynn, Mass., peruse the contents of a typical backpack.

children face an empty pantry or limited access to healthy food. "Healthy meals and good nutrition allow kids to be ready to learn," says Riley. "When their bellies are full, they are much more able to pay attention."

The BackPack Program was developed by Feeding America, the nation's food bank network. 

Compelling New Hunger Video from Feeding America



Photo Courtesy: YouTube.com

Feeding America's new video highlights the latest Hunger Study results.

Viewers are buzzing about Feeding America's just-released "Hunger in America 2010" video.

It highlights the statistics from the study with a compelling direct message: Hunger has increased at an alarming rate in our nation, and here are the people who are struggling. Feeding America intersperses pictures of people with facts such as "We serve 37 million Americans a year" and "This is a 46% increase in four years." The video also urges viewers to "Use this knowledge to fight hunger in America."

View the video and share it with others:
www.youtube.com/watch?v=HPvtlllZ6tk 

A Day at The Food Bank

Fighting Hunger From Dawn to Dusk

6 a.m. Traffic on Southbound I-93 is light as drivers zip past The Greater Boston Food Bank's unmistakable silver façade, a puzzle of wedge-shaped markers that coalesce into a red wheat symbol. It's a striking architectural landmark that marks the location of New England's largest food bank. The Yawkey Distribution Center is gearing up for another busy day as a Food Bank truck departs to pick up a shipment of donated food from a grocery partner south of Boston.

7 a.m. A tractor-trailer truck filled with a USDA shipment of cereal, dry beans, juice, and cans of vegetables and fruits heads down I-93 toward The Food Bank. In Roxbury, Donald Knight of the Charles Street A.M.E. Church starts up his van to make his weekly trip to pick up food at The Food Bank. He's hoping for eggs and chicken, two in-demand items for the 250 clients that the food pantry serves. "More and more people are coming, because the economy's so bad," says Knight.



Mike Quinlan and Kim Fallon, from the Germantown Neighborhood Center Food Pantry in Quincy, load supplies into their van.



Natural light streams into the warehouse and along the second floor gallery.

9 a.m. Natural light streams into the enormous Rufus Lester Warehouse, which has nearly three times the dry storage of our previous facility, and the capacity to let us to distribute up to 50 million pounds of food and grocery products. The Yawkey Distribution Center meets the highest food industry standards and features cutting-edge "green" elements in its design. On the warehouse floor, forklifts move pallets in preparation for a week that will provide a nutritious supply of food to tens of thousands of people.

9:30 a.m. From Cape Ann to Cape Cod and the Islands; from the Worcester County border to Boston Harbor; nearly 600 food pantries, soup kitchens, and shelters rely on The Food Bank as a critical link in the fight to end hunger in our region. On this morning, hunger-relief agencies including Twelfth Baptist Church Food Pantry in Roxbury; Sacred

Heart Outreach Pantry in Middleboro, and All Saint's Food Pantry in Haverhill are among those scheduled to arrive at the docks to pick up food, which they will take back to their communities to help feed those in need. Donald Knight of the Charles Street A.M.E. Church has already come and gone, taking his load back to the pantry.

10 a.m. Kim Fallon and Mike Quinlan, volunteers from the Germantown Neighborhood Center Food Pantry in Quincy, arrive in their van, pulling up to the third of The Food Bank's 13 shipping and receiving docks. They're picking up 4,000 pounds of food today, double the amount they picked up at this time last year, and they appreciate the shelter from the elements provided by the new facility's covered docks. "The new building is 100 percent better, with more efficient operation," says Fallon. "We're able to get in and out so much faster."

Right: An 'X' in the lobby pays tribute to our founder, Kip Tieman, and symbolizes The Food Bank as a safe place to seek assistance. See '6 p.m.' on next page for story.

Center right: Ray Amezcuita, a Food Bank warehouse receiver, moves pallets around in the warehouse.

Far right: Volunteers from State Street sort food products for repackaging and distribution to member agencies.



Timeline of the New Building

A look back at major developments at the Yawkey Distribution Center.

Summer 2007
Groundbreaking.

Fall 2007
The foundation is excavated on the former site of the Boston incinerator, giving a vacant brownfield a new life.

Winter 2007
Chan Krieger Sieniewicz Architecture and Urban Design finalizes the building's design.

Spring 2008
The structural frame is built.



11 a.m. Maurice Ouellette and Ernest Morgan from the St. Vincent de Paul Food Pantry in Abington peruse the Roche Family Marketplace, a dedicated on-site shopping area. Here, member agencies can acquire items that do not appear on our real-time online inventory list, such as nutrient-rich perishable products, including sweet potatoes, onions, yogurt, and milk. Ouellette points to the frozen beef and chicken. "In the previous facility, you seldom saw this kind of food," he says, eager to return with his load to the pantry.

Noon Conference and training rooms are scheduled for food safety courses, with additional classroom space allowing for more nutrition training and education. The Food Bank staff is committed to meeting food industry standards for safety and quality, and ensuring that we provide healthy choices to those seeking food assistance.



Ernest Morgan of the St. Vincent de Paul Food Pantry in Abington picks up fresh eggs and yogurt from the Marketplace.

1 p.m. A group of State Street volunteers arrive to sort reclaimed food products from local supermarkets. They stand before the conveyer belt, inspecting, categorizing, and repacking salvaged food and grocery products that are then distributed to member agencies. The ergonomically-designed volunteer work space is safe and efficient for the 15,000 volunteers who provide this valuable service each year, saving The Food Bank more than \$600,000 in labor costs.

2 p.m. Another group of volunteers gathers in the Family Friendly Room — a safe, dedicated area for families and young volunteers — to fill bags that will go to hungry children in Lawrence and Lynn, Mass.

3 p.m. *Brrrrr.* Deep inside the building, a worker shelves frozen meats, fish, and ice cream in a freezer space that is five times larger than the one in our previous facility. The nearby cooler space stores six times more produce. Temperature-controlled docks help keep cold products chilled, ensuring the highest safety and quality. Other warehouse workers stage orders for the next day's deliveries.

4 p.m. In the offices, the phones ring. Various supporters — corporations and foundations, food and financial donors, volunteers and restaurant partners — work with The Food Bank to end hunger. Down in the loading area, a Food Bank truck returns with pallets of donated food.



John Winam works inside The Food Bank freezer, where perishables such as meat and seafood are stored.

4:15 p.m. A visitor on a tour of The Food Bank walks on the second floor, traveling along the Liberty Mutual Gallery, which allows views into the warehouse. A translucent light monitor allows natural light to fill the warehouse.

6 p.m. The sun slowly sets, and in the light-filled lobby of The Food Bank, rays shine across an "X" embedded at the main entrance. It is a symbolic tribute to our founder, Kip Tiernan, whose grandmother's house in New Haven, Conn., was marked with an "X" as a "safe house," a place to ask for food during the Great Depression. Another day is coming to a close at The Food Bank — but our work is not finished, because our fight to end hunger continues. 📺

Winter 2008
Consigli Construction Company and contractors complete work on the building's exterior and interior.

Spring 2009
The big move is assisted by The Food Bank's partners.

Fall 2009
Ribbon-cutting ceremony.
Open house celebration.

THE GREATER BOSTON FOOD BANK

Women Fighting Hunger

Hungry women and children have a powerful new voice — and heart — today: “Women Fighting Hunger,” a new initiative to engage women in the fight to end hunger, with a goal of raising \$250,000 for The Greater Boston Food Bank.

Led by Fidelity Investments executive vice president Gail Graham, “Women Fighting Hunger” welcomed local female business leaders to the cause at a kickoff breakfast on Feb. 3 at the Langham Hotel in Boston.

What drew Graham into the fight against hunger?

“In difficult economic times, you count your own blessings because so many are suffering,” Graham said. “The easy way to help is to write a check, but I wanted to make a deeper commitment — to give of myself. That’s when I was invited to tour the new Food Bank facilities.”

What Graham experienced at the new Yawkey Distribution Center left an impact on her as a community member — and as a business leader.

“One moment I am standing outside in the winter air and, the next moment, I am

inside the new facility, watching thousands of pounds of food being taken to the loading docks, knowing it will be on tables by nightfall,” she said. “That’s a deeply powerful and personal experience. And, from a business perspective, you cannot help but respect the process and scale. The Food Bank was built to directly address the problem of hunger.”

Before making her commitment to “Women Fighting Hunger,” Graham returned one more time to The Food Bank, this time to roll up her sleeves. “I came back with my husband John and we sorted food,” Graham said. “Before completely committing to this cause, we talked about it with our children as well. Our sons, ages 20 and 23, were shocked by the hunger statistics. A deeper, more personal commitment became easy from that moment on. As a family, we made the decision to make a substantial donation and to adopt this cause as the center of our personal philanthropy.”

Identifying where to focus her energy came just as naturally. “I’ve personally felt the power of women when we’ve rallied,” Graham said. “With hunger



Fidelity Investments executive vice president Gail Graham, left, meets with Food Bank president and CEO Catherine D’Amato.

disproportionately affecting women and children, we can make a difference. We all must try to imagine what it’s like to be unable to feed yourself or your child. We can change lives of women and children with our actions today.”

Food Bank board member Vicary M. Graham, regional president with BNY Mellon Wealth Management, hosted a second “Women Fighting Hunger” on March 24, and the initiative has already raised more than \$50,000 since its winter kickoff.

“Our goal is to make ‘Women Fighting Hunger’ a powerful and permanent supporting member of the Food Bank,” Graham said.

For more information or to get involved, contact Sarah Christensen at schristensen@gbfb.org.

A Family’s Struggle with the Economic Downturn Hunger Day on the Hill Speaker Tells Her Story



Jessi and her husband lost their jobs and now get help from a food pantry.

helping to advocate on behalf of state funding for hunger relief. But then, Jessi (who asked that her last name not be used), has never experienced the economic hardship that she and her family faced in the past year.

At “Hunger Day on the Hill,” emergency food providers from across the state rallied to protect funding for the Massachusetts

Jessi never expected to find herself as one of the featured speakers at “Hunger Day on the Hill” this March at the State House,

helping to advocate on behalf of state funding for hunger relief. But then, Jessi (who asked that her last name not be used), has never experienced the economic hardship that she and her family faced in the past year.

At “Hunger Day on the Hill,” emergency food providers from across the state rallied to protect funding for the Massachusetts

Emergency Food Assistance Program (MEFAP), which helps provide a supply of nutritious staples such as tuna, peanut butter, eggs, dairy products, fresh fruits, and vegetables to those in need in our Commonwealth. And there, among the leaders of the state’s food banks and hunger relief agencies, was Jessi, 28, telling her moving story about living from paycheck to paycheck and struggling to put food on the table for her husband and three young children.

Until last year, Jessi was happily working as a hostess at a major restaurant chain. But then there was a change in management, her hours were cut, and when she called in sick to take care of one of her ailing sons, she was abruptly fired. A few months later, her husband, Randy, a mechanic at a local station, was laid off when business slowed. “We were both heartbroken,” said Jessi. “He felt like he couldn’t support his

family, and I was worried about how we were going to feed the kids.” The young couple had already been struggling to cover expenses for their family of five, and losing their jobs was a “huge financial hit,” said Jessi. They began to search for new jobs, but positions were hard to find, and competition was fierce. In the meantime, feeding five people on a limited income was increasingly difficult. Where would their next meal come from? Then a neighbor told Jessi about the Acton Community Supper, and to the family, “it was a godsend.”

Jessi enjoys coming to the pantry with her kids; it’s a weekly trip that provides three days of meals for her family, including meat, eggs, and a selection of healthy food her family will eat and appreciate. “My children are particularly fond of the fresh veggies, such as carrots, tomatoes, (continued on page 8)

FOOD DONOR SPOTLIGHT

Gold Medal Adds to Food Bank's Bread Basket Founding Baker's Vision Continues to Give

How do you go from baking bread in the basement of your home to becoming one of the largest independent bakers in the country? When Auguste LeComte founded Gold Medal Bakery in 1912, he saw the need for a local baker who operated on the principles of goodwill, integrity and honesty. Today the family-owned bakery is in its fourth generation of producing premium breads, rolls and English muffins — and it keeps charitable giving on the rise as well, donating freshly baked goods to The Greater Boston Food Bank.

"Bread is a staple of life and we're committed to helping families stay healthy and strong. Our partnership with The Food Bank is a good fit," says Ed Frazer, company sales coordinator.



As Gold Medal expands throughout New England and beyond, it has had more surplus product that comes to The Food Bank. "Bread, rolls, and muffins are staple items that many of us take for granted but which may not be as easy for some families to have in their pantries," says Elisa Shannon, The Food Bank's food acquisition director.

Community Cookbook Helps Feed the Hungry

The burning issue of hunger stirred editor Kristina Nies to compile "Cook Food Every Day," a community cookbook with over 130 recipes and 39 contributors, with all proceeds benefiting The Greater Boston Food Bank. The collection of recipes, drawings, and quirky commentary from local artists, musicians, and writers, is a grassroots effort that has raised more than \$1,077 in proceeds for The Food Bank.



Photo Courtesy Johnny Arguedas

'Cook Food Every Day' editor Kristina Nies compiled the community cookbook, a charity project benefiting The Food Bank.

Kayem Celebrates 100th Anniversary with Donation



In 1909, Kazimierz Monkiewicz and his wife Helena emigrated from Poland to Chelsea, Mass., in pursuit of the American dream.

In a small storefront, they started making kielbasa by hand and began delivering it to neighborhoods by horse-drawn carriage.

Today, a hundred years later, Kayem is a fourth generation business and a premiere marketer of franks, brats and traditional Italian sausages. In celebration of its centennial anniversary, Kayem donated 100 cases of its product to The Greater Boston Food Bank.

"We are proud to begin our second century by partnering with The Greater Boston Food Bank and providing this donation," says Chris Reisner, vice president of sales.

"Not everyone has access to food, and The Food Bank works to help keep food in communities," says Nies, who has her own story about being in need. When she was growing up, her father was laid off from his job the week before Thanksgiving. Two days before the holiday, a gift basket with a turkey and non-perishable sides was on their doorstep. "I guess that has always stuck with me," Nies says. Nies continues to raise funds from the book, which evolved from a Boston-based community message board for music and art.

"Cook Food Every Day" can be purchased from <http://cookfoodeveryday.blogspot.com/>

New Agencies

The following hunger-relief organizations have become member agencies of The Greater Boston Food Bank since February:

Agency Name	Type	Town Name
Goodwill Industries/BNY Mellon Academy	After School Program	Boston
Nantucket Emergency Food Pantry	Food Pantry	Nantucket
Citizens for Adequate Housing/Inn Between	Emergency Transitional Program	Peabody
MHSA/Bristol Lodge Pantry	Food Pantry	Waltham

Food Rescues

The Greater Boston Food Bank takes advantage of large-scale food rescue opportunities at trade shows and major public events that yield high-quality food for our member agencies. Here are a few from recent months:

Davidson Company Trade Show	3,000 lbs.	All natural, organic and gourmet grocery products
N.E. Food Service Show and International Boston Seafood Show	11,525 lbs.	Seafood, produce, canned goods and beverages



Event Wrap-Ups

Hunger Day on the Hill



Legislators, advocates, representatives of local food banks and members of The Greater Boston Food Bank staff gathered at the State House in Boston on March 11 for Hunger Day on the Hill. The event called attention to the need for state funding for hunger relief, and honored four state legislators for their hunger-relief work, including from left, Senator Stephen Brewer and Representative William Straus, standing with The Greater Boston Food Bank President and CEO Catherine D'Amato, and Donna LoConti, aide to Senator Anthony Petrucci. (Not pictured is Sean Connolly, aide to Representative Stephen Kulik, who was also honored.)

Tummy to Toes

The Boston Cares "Tummy to Toes" drive collected 5,000 pounds of baby food and formula as well as canned goods and other donations, during a month long February initiative to benefit The Greater Boston Food Bank. "Tummy to Toes" mobilized volunteers throughout the city to serve as "drive hosts" who used their social networks to reach out to family, friends and co-workers to collect donations. Building Impact and The Boston Globe also sponsored the drive.

Harvesters Circle



Ann King, left, and Peter King, right, pose with Catherine D'Amato, president and CEO of The Greater Boston Food Bank, during a Harvesters Circle Luncheon that took place at The Food Bank to review the results of the Hunger Study.

Legal Food Frenzy



Attorney General Martha Coakley, center, presents the 1st annual Legal Food Frenzy Cup to Chris Sullivan, left, and Tony Froio, right, of the Boston law firm Robins, Kaplan, Miller & Ciresi LLP. Over 40 law firms and law schools participated in the event, which collected food and donations in March to benefit The Greater Boston Food Bank.

(continued from page 6)

A Family's Struggle

and green beans, and the fresh fruit, including apples, melons, peaches," she said. Her kids will often hunt for favorites such as mac 'n' cheese, peanut butter, strawberry jelly, chicken noodle soup, or cartoon shaped soups. "My children's health and well-being is very important to me," said Jessi, who appreciates the variety of nutritious food that she receives from the pantry.

After a long search, Jessi has found a new part-time job, and her husband Randy is also working again, but the household income is about \$16,000 less than before, so the family continues to visit Acton Community Super.

"Fresh foods and vegetables are so expensive, and with five mouths to feed, plus other expenses, we're barely getting by," said Jessi. She is determined to make a fresh beginning. "I am extremely happy for all the help my family is receiving so we can build a new future." 📷

Become a fan

of The Greater Boston Food Bank on Facebook and follow us on Twitter (Gr8BosFoodBank) to get regular updates about upcoming events!



Best Local Nonprofit

The Greater Boston Food Bank recently tied the Pine Street Inn for the title of Best Local Non Profit, as chosen by the readers of The Boston Phoenix for the paper's Best of Boston 2010 issue.



The Pine Street Inn assists the homeless and is one of the 600 member agencies that receive food from The Food Bank.

To read more, visit:

<http://thephoenix.com/thebest/boston/2010/life/localnonprofit/> 📷

Pound for Pound Challenge

How's your Pound for Pound Challenge going? If you haven't started yet, you still have until June 30 to lose weight — and help feed your community.

With the Pound for Pound Challenge, for every pound you pledge to lose through the end of June, 14 cents will be donated to Feeding America, the nation's food bank network. Every 14 cent donation translates into one pound of groceries delivered to the dieter's local food bank, including The Greater Boston Food Bank.

Team up with NBC's The Biggest Loser, General Mills, Subway, 24 Hour Fitness and many others in the Pound for Pound Challenge to lose weight and raise money.

Join the Challenge today. Visit www.PFPCChallenge.com to learn more or to make your pledge. 📷

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Send Us Your E-mail Address

To keep you updated, we'd like to send you e-mail "news flashes" as significant events occur. Please provide us with your name and preferred e-mail address by sending an e-mail to newsletter@gbfb.org. Put "e-news" in the subject line. Thanks!

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